

## GENERAL INFORMATION

### DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call Stacey Lo Medico, Deputy Director CPII Division, (619) 685-1306.

### VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit [www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml](http://www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml) or contact the Volunteer Office at (619) 685-1324.

### **VOLUNTEERS, We Need You! All**

**Volunteers Are Welcomed.** We are looking for coaches, referees, officials, time keepers, drivers, team moms or dads, fund raisers, tutors, interested in helping the youth in our community. For more information, please give us a call and come with your finger prints they are mandatory.

### RECREATION COUNCIL

This citizen's advisory group is made up of members of the public and groups that use our facility. The council meets on the third Tuesday of every other month at 12:00 pm in the Meeting Room #1. All members of the community are invited to attend!!!

### REGISTRATION

Registration is conducted during normal hours of operation on a first come first serve basis. NO registrations will be accepted after the second week. Most programs are conducted on a month by month basis. CASH OR MONEY ORDER ONLY.

### EQUIPMENT

Identification cards or recreation cards (may be purchased for 50¢) are required to check-out equipment.

### FACILITY RENTALS

We have two meeting rooms, a gymnasium and a gazebo that are available to rent. Please call for rates (rentals fees must be paid in advance).



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 685-1303) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST. PRINTED ON RECYCLED PAPER.



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT  
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"



## *Martin Luther King Jr. Recreation Center*

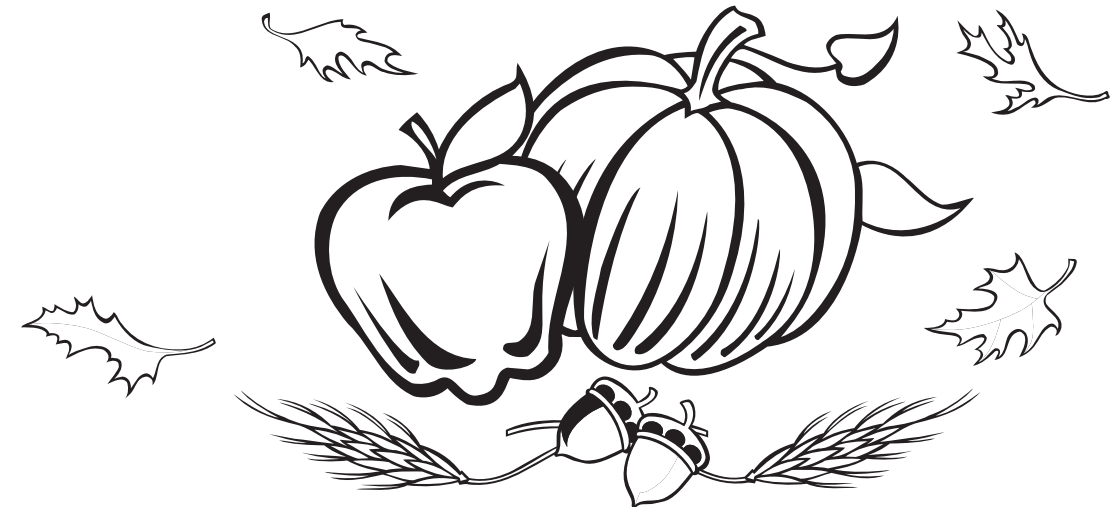
6401 Skyline Drive • San Diego CA 92114

(619) 527-3415 • (619) 527-7645 (Fax)

[www.sandiego.gov](http://www.sandiego.gov)

## *Fall Program 2006*

*Effective through January 2007*



*Programs and fees are subject to change without prior notice.*

## Welcome!

The staff at Martin Luther King Jr. Recreation Center would like to welcome you and your family to our park. We offer a large variety of activities that will fulfill your recreational needs and we are always looking for new ideas. We encourage you to bring your family and friends to take part and enjoy our facility.

### STAFF

Kim Mathis Area Manager II  
CaSandra Palmer-Thodile Center Director III

### GROUND MAINTENANCE WORKERS

Mary Abbott  
Christopher Chaufaourous  
Francisco Flores  
Carl Fisher  
William Mercado

### RECREATION LEADERS

Raul Corrales  
Kenya Jones  
Encia Smith  
Maria Villegas

### HOURS OF OPERATION

Monday	12:00 pm - 7:45 pm
Tuesday	12:00 pm - 7:45 pm
Wednesday	12:00 pm - 7:45 pm
Thursday	11:00 am - 7:45 pm
Friday	12:00 pm - 5:45 pm
Saturday	9:00 am - 4:45 pm
Sunday	CLOSED

### HOLIDAYS CLOSED

November 10	Veterans Day
November 23	Thanksgiving Day
December 25	Winter Holiday
January 1	New Years



### ADULT PROGRAMS

AGES 17 & UP

#### FREE ADULT AEROBICS

Come and work off the stress of life and feel good about yourself.  
Tuesday & Thursday  
6:00 pm - 7:15 pm

#### ADULT MOUNTAIN VIEW TENNIS CLUB

Saturday (See staff on court for more details.)

#### ADULT BASKETBALL (MEN OR CO-ED)

Tuesday Evenings  
\$250.00 per team plus referee fees

### SPECIAL EVENTS

#### TOYS FOR TOTS REGISTRATION

October 14 & 28, 2006  
1:00 pm - 3:00 pm  
Watch for upcoming flyer for more details

#### HALLOWEEN CARNIVAL

Get ready for some fun, fun, fun. Play games and fun activities, costume and coloring contest & much more.  
Friday, October 27, 2006  
5:00 pm to 7:00 pm



## YOUTH PROGRAMS

### FREE ARTS & CRAFTS

The class is designed to improve kids self esteem and knowledge of their own artistic abilities. Projects include drawing, painting, bead making and other creative activities.  
Tuesday & Thursday  
4:30 pm - 5:30 pm  
6 - 16 years old

### FREE HOMEWORK CLUB

After school assistance for Math, English, Science, Reading and Writing.  
Tuesday - Thursday  
3:00 pm - 4:30 pm  
5 - 16 years old

### GIRL SCOUTS

Girl Scouts - San Diego is forming troops in your area for all levels. To form a troop, we need to have 5 girls; a leader and a co-leader (training will be provided; meeting times can be monthly, weekly or bi-weekly on any day of the week. It will vary based on the girls joining to ensure it is a convenient time for all. Financial assistance provided for registration fees, uniforms, hand-books, dues and Girl Scout sponsored events, including camps. **The dates & times to be determined after troop formations. Call to sign up on waiting list.**

Troop Levels:

Daisy Girl Scout	(grades headstart-1st)
Brownie Girl Scout	(grades 1-3)
Junior Girl Scout	(grades 3-6)
Cadette Girl Scout	(grades 6-9)
Senior Girl Scout	(grades 9-12)

### YOUTH MOUNTAIN VIEW TENNIS CLUB

6 - 17 years old  
Monday - Friday  
Saturday  
Call (619) 263-9224  
for more information.

### FLAG FOOTBALL

Come learn the fundamentals of flag football. Children will learn how to pass, punt, catch and kick a football. Teams will compete against other recreation facilities in the local area.

Registration:

August 21 - September 30, 2006  
Day & Time T.B.A.  
\$20.00  
10 & Under only  
12 & Under  
14 & Under  
16 & Under

### CHEERLEADING

Come & learn cheerleading and dance routines. This class is designed for children to express artistic movement through cheers. Registration: August 21 - September 30, 2006  
Monday - Friday  
3:30 pm - 5:30 pm  
\$80.00/cost of uniform  
7 to 10 only  
11 to 13 only  
14 to 16 only